



# **SNAC Volunteer Descriptions**      **2009-2010**

We have two core areas open that need volunteer help:

Classroom volunteers  
Action Team Advisors

## **CLASSROOM VOLUNTEERS**

The Wellnet's SNAC Menu is a curriculum menu to be used in school settings, community groups or other educational settings. Our SNAC Menu consists of nutrition education curriculae that teach about whole foods nutrition such as organic, local and fresh food approaches to wellness.

By bringing innovative curriculum opportunities into the classroom and supporting grassroots teamwork from teachers, administrators, parents & children, we believe this program can make significant improvements on the health of our children.

- We are looking for volunteers to teach specific nutrition lessons from the "SNAC Menu" in classrooms or small group settings in the 2009 Fall semester.

### **SCHEDULE IS VERY FLEXIBLE:**

First, Consider how many lesson plans are you willing to learn and prepare to be able to present. Second, Commit to how often you are willing to be scheduled. (Consider approximately once per week, or once per month or once per semester, more or less is welcomed...)

## **ACTION TEAM ADVISORS**

- SNAC Action Team at SDSA: We are forming a focused team of volunteers (parents, administrators, teachers, community members, kids) who would like to implement changes in the meals offered at all-school events and also discuss the cafeteria menu.
- We will host a series of meetings, ranging from policy discussions about food choices and buying local fresher foods in the cafeteria to possibly a school garden or creating a garden based curriculum program.